



July-August 2018

Communicable Disease & Notifiable Conditions (3 programs-CD,TB,STD)

July-August, our **communicable disease (CD) program** nurse received 107 reports requiring data entry into the State database, and/or investigation and follow-up.

Disease	July-August	Total to date
Campylobacteriosis	10	33
Cryptosporidiosis	0	2
Giardiasis	2	3
Hepatitis A	0	0
Hepatitis B	0	0
Hepatitis B-Chronic	0	2
Hepatitis C- Chronic	*	82*
Hepatitis C- Acute	0	0
Lyme	0	1
Pertussis	0	1
Salmonellosis	1	2
Coccidiomycosis	1	1
Anthrax – Ruled out	1	1
Hepatitis A – Ruled out	1	1
Tuberculosis- Ruled out	4	8

Disease	July-August	Total to Date
Tuberculosis-Latent new/open	0/0	0/1
Tuberculosis-Active new/open	0/0	0/1
Vibriosis (non-cholera)	1	3
Yersiniosis	0	1
Sexually Transmitted Diseases		
Chlamydia	60	172
Gonorrhea	22	44
Syphilis	3	3
Herpes	1	7
HIV	0	1
Totals	107	370

Maternal-Child Health (MCH)

Staff participated in the 2018 **Back to School Immunization Clinic**, collaborating with and assisting Oakland Bay Pediatrics, Mason General Hospital, and the Shelton School District. It was held on August 11th at the Shelton Transit Center in partnership with the Shelton School District Back to School Event. Families from all districts in Mason County were invited to attend. Data collected at this event showed that families of every language group need more assistance in accessing accurate immunization information for their children; food insecurity and Adverse Childhood Events exist in our community; only 50% of children are using helmets; and access to the state, school district, and hospital electronic immunization databases at the event was vital to provide accurate immunization administration. Over 4 Mason County school districts were served, 96 immunizations were administered, 68 children were evaluated, 2/3 were Hispanic, speaking Mam, Kanjobal or Spanish, and 20% reported not having a primary care provider. Mason County staff participation in this event was made possible by a Department of Health Immunization Improvement grant.

Housing

Housing Programs: (Consolidated Homeless Grant and Local Document Recording Fees)

Crossroads Housing

- 1. Housing Crisis Support Center (Coordinated Entry):**
 - a. 71 households (159 individuals including 75 children and 5 veterans) requested housing assistance
 - i. 59 were literally homeless
 - ii. 12 were for prevention service to maintain current housing.
- 2. 7-unit Family Emergency Shelter:** 100% capacity; 29 referrals from July and August were made

3. **Transitional Housing:** 5 units are at 100% capacity
4. **Rapid Rehousing** (Rental Assistance):
 - a. 3 households were assisted into permanent housing
 - b. 3 received prevention assistance.
 - c. 10 households assisted into recovery housing (Treatment Sales Tax)

Community Lifeline:

- Case Management (year-round): 20 adults are currently receiving housing case management services
- Adult Seasonal Emergency Shelter: Scheduled to open November 1 through April 30

Community Action Council: Housing and Essential Needs Program \$87,000 paid out in July and August for rent and housing costs as follows:

- Rapid Re-housing: 60 households receiving rental assistance
- Prevention: 49 households receiving rental assistance

Turning Pointe: (Local Recording Fees fund one Advocate position)

1. Domestic Violence Shelter: From July 1, 2017 – June 30, 2018
 - a. Total number of requests to stay in the shelter: 701
 - b. Total number of unduplicated households that stayed in the shelter: 287
 - c. Total number of children that stayed in the shelter: 211
2. Advocate: 15 households currently receiving case management services

HOST (Housing Options for Students in Transition)

- 29 youth ages 16 – 21 are currently staying in “HOST” homes

Treatment Sales Tax: Mental Health and Substance Use Disorder Treatment Services - For July and August unless otherwise noted

Therapeutic Courts (January – June 2018)

Court Program	Active Participants	Dropped Out	Graduated
Felony Drug	15	2	4
Family Recovery	11	3	5
Veteran	3	0	1
Mental Health	8	2	1

Northwest Resources II: Care Coordination Services

1. New enrollments into care coordination: 32
2. Number in Treatment: 30
3. Assisted with rental assistance into recovery housing: 10

Behavioral Health Resources: North Mason School District School-based Therapist

School	Enrolled Students	Gender
Belfair Elementary School	11	3 female/8 male
Sand Hill Elementary School	19	5 female/14 male
Hawkins Middle School	14	10 female/4 male
James A. Taylor High School	7	4 female/3 male
North Mason High School	7	4 female/3 male

Over the summer, individual and case management services were provided to youth in the community at home or North Mason Resource Center. An Angry Birds (anger management for elementary school aged clients) was also held at North Mason Resource Center during the summer.

Consejo Counseling: Mental Health and Client Services for up to 10 individuals that do not have medical coverage or gaps in coverage. Medication assistance program to provide mental health medication for those that cannot afford it.

- 3 adults currently enrolled

Peninsula Community Health Services: 2 Peer Navigators are funded

- 2 adults and 1 youth are currently enrolled

Mason County Opioid Response Plan

Prescription Drug Overdose Program (PDO) Funded by Department of Health Grant through 08/30/19

PDO-Opioid Statistics	July-August	YTD
Naloxone Kits Distributed	73	422
Resource Guides Distributed	250	1650
Opioid Overdoses	2	13
Opioid Overdose Fatalities	0	0
Non-Opioid Overdoses	0	12
Non-Opioid Fatalities	0	0

In July and August, the Prescription Drug Overdose project continued work on all on-going projects. We continue to hold workshops for inmates in the county jail and for the public at both Community Lifeline and the Timberland Libraries. Recently we teamed up with Capital Recovery Center's PATH and STR Peer Pathfinders doing street outreach, extending our presence and relationship with high risk individuals in the community. Additionally, we trained agency staff at Consejo Counseling and Referral Service about overdose response and discussed how their chemical dependency staff address overdose with their patients.

On August 31, Mason County Community Services partnered with STOP to conduct the second annual Overdose Awareness Walk. Approximately 80 individuals came to hold space and walk for the loved ones lost due to overdose. It was a powerful and emotional event that brought many individuals from the community together.

Comprehensive Opioid Abuse Program (COAP) Funded by Bureau of Justice Assistance through (BJA) 10/30/20

Our COAP grant work is gaining momentum and progress in bringing the community into partnership to facilitate a coordinated opioid response. Stakeholder meetings are now going to rotate around the county every 2 months. The most recent at Alderbrook Resort was very well attended with over 45 attendees. Staff has continued connecting with partners bringing our formal number of partners to twenty-two.

Sub-workgroups formed out of the stakeholder steering group have begun, which include a treatment provider meeting that meets monthly a transportation group that is forming, and a group working on creating smoother transitions for clients from crisis into treatment.

Our Opioid Team completed updating the Opioid response plan into a new format so community partners can add in strategies and work accomplished as well as gaps needing to be addressed. The team also created a Behavior

Health Service System Flow Chart and have asked community partners to review and give feedback as we work to create a community care system that has “no wrong door”. The system will enable those seeking recovery services or information to find the needed support through any agency.

Our next Mason County Opioid Forum, hosted by the Thurston/Mason BHO Advisory, will take place on Wednesday, September 26th at 6-9 PM at the Mason County Transit Center.

Substance Use Mobil Outreach Funded by Cascade Pacific Action Alliance (CPAA) & Medicaid Transformation Project through 6/30/22

We were notified mid-August that we were successful in our grant for a Medicaid Transformation 4-year project through CPAA. This will allow us to have the funding needed to begin a mobile syringe exchange program in Mason County to include recovery supports, helping those ready to get into support services to promote long-term stabilization and whole-person care.

Community Health Assessment and Data

Every five years, it is the goal of public health to complete a community health assessment (CHA). The latest assessment was completed at the end of August 2018. The findings of this assessment will be used to draft a community health improvement plan (CHIP) in the coming year. The goal of the CHIP is to develop strategies and/or projects to address any gaps or weakness identified in the CHA report. Some notable measures identified in 2018 CHA where improvements could be made include substance use, obesity, safe sex practices and poverty.

- Cigarette smoking rates remain higher than the state for both adults and youth (1,2)
- Electronic cigarette or ‘vaping’ rates are increasing (1,2)
- The rate of drug overdose deaths from any type of drug is higher in Mason County (3)
- Adult and youth obesity rates remain higher than the state (1,2)
- The increase in Chlamydia cases demonstrate a reduction in safe sex practices (4)
- The population of Mason County residents that live in poverty remains higher than the state (5)
- One third of Mason County residents are housing cost burdened (6)

(1) Community Health Assessment Tool – CHAT. Behavioral Risk Factor Surveillance System (BRFSS), 2012-2016

(2) Washington State Healthy Youth Survey <https://www.askhys.net/Analyzer>

(3) Community Health Assessment Tool – CHAT. Washington State Residents Drug Overdose Quarterly Report, 2017

(4) Community Health Assessment Tool – CHAT. Sexually Transmitted Diseases, 2008-2016

(5) Poverty Status in the Past 12 Months. 2012-2016 American Community Survey 5-Year Estimates

https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?pid=ACS_16_5YR_S1701&prodType=table

(6) Comprehensive Affordability Strategy—CHAS. U.S. Department of Housing and Urban Development. 2011-2015 <https://www.huduser.gov/portal/datasets/cp.html>